

COMMUNION

May 2021

Invitation to the Table

Read, pray, or say aloud: I am reminded that invited to this table are all who seek to grow into the likeness of Jesus. I draw near, knowing that I am loved, accepted and welcomed.

Passing of the Peace

Read, pray, or say aloud: And as I draw near – loved, accepted and welcomed – I both offer to and receive from others God’s peace.

Think about someone you would want to offer peace to and someone you would like to receive peace from.

Read, pray, or say aloud: May the Peace of Christ be with us.

Preparing the Table

Reflect on the elements you have before you.

A Great Thanksgiving

Read, pray, or say aloud: I lift up my hearts and give thanks to the God who with Word and Spirit created all things and called them good; who in Jesus Christ, word became flesh and dwelt with us and whose life and death destroyed the power of sin and death over us; the God who raised Jesus from the dead and who poured upon us the Spirit, making us people of new covenant.

Acknowledge the bread or crackers you have before you. Read, pray, or say aloud: On the night of his death Jesus took bread, gave thanks to God, broke the bread, gave it to the disciples, and said: "Take, eat; this is given for you."

Acknowledge the juice or wine you have before you. Read, pray, or say aloud: When the supper was over Jesus took a cup, gave thanks, gave it to the disciples, and said: "This is the new covenant."

Read, pray, or say aloud: Remembering these acts of Jesus, I offer myself in praise and thanksgiving. May I know the presence of Christ and be renewed and redeemed as a representative the of Christ for the world, until that day when the world and all her people feast together. Amen.

Giving and Receiving the Bread and Cup

Receive the bread or crackers and the juice or wine. Read, pray, or say aloud: These gifts of God are for the people of God, of which I am a part. Thanks be to God.

Sending Forth

Read, pray, say, or sing the words from the Hymn "Let Us Be Bread":

Let us be bread, blessed by the Lord,
broken and shared, life for the world.

Let us be wine, love freely poured.

Let us be one in the Lord.

(The Faith We Sing, #2260, Abingdon Press, 2000)